

Dermal Fillers Pre- & Post-Instructions

Pre-Treatment

Dermal fillers should not be used in patients who are pregnant, nursing, trying to get pregnant, have experienced this hypersensitivity in the past, those with severe allergies, and should not be used in areas of active inflammation or infection (cysts, pimples, rash). **Hylaform should not be used in patients with allergy to rooster/poultry.**

Avoid applying any irritating chemical or irritating soap to area for the week prior. Do not wear make-up to treatment.

Post-Treatment

Redness/swelling is normal for a few days to a week. Real results can be expected at 2 weeks (after all swelling has resolved).

Do not rub the area treated.

Gently clean the area twice daily with mild soap. Aloe gel can also be used.

Avoid irritants (glycolics, acid, retinoids, etc.) until all redness/swelling resolves.

You may apply cool compresses/ice for 15 minutes/hour for comfort.

Make-up may be used as long as skin is not broken or irritated.

Avoid sun or hot water for 24 hours or until swelling resolves.

Avoid use of aspirin, non-steroidal anti-inflammatories (ibuprofen), St. John's Wort, and high doses of vitamin E for one week.

Avoid strenuous exercise and alcohol for 24 hours after treatment.

Notify your physician if you have any questions, concerns, problems.