

Botox Pre- & Post-Treatment Instructions

Pre-Treatment

Contraindications: pregnancy, nursing, or trying to get pregnant. **Neurological Diseases including but not limited to Myasthenia Gravis, Multiple Sclerosis, Lambert Eaton Syndrome, Amyotrophic Lateral Sclerosis (ALS), Parkinson's. Allergies to the toxin ingredients, or to human albumin, any active infection, previous allergy or reaction to Botox. Medications which are contraindications to receiving Botox: aminoglycosides, nerve blockers (anticholinesterases, succinylcholine), lincosamides, polymyxins, quinidine, or magnesium sulfate.**

Avoid any irritant chemical, soaps, lotions to area for the week prior. Do not wear make-up to treatment.

Post-Treatment

Results begin to be noticed after about 2-3 days peaking around 2 weeks.

Results vary lasting 2-6 months.

Return before next appointment as soon as you begin to notice movement in the treated area.

Stay upright for 4 hours (do not bend over or lay down).

Do not massage the treated area.

Exercise the muscle by making facial expressions in that area.

Redness/swelling is normal for a few hours to days.

Gently clean the area twice daily with mild soap. Aloe gel can also be used.

Avoid irritants (glycolics, acid, retinoids, etc.) until all redness/swelling resolves.

You may apply cool compresses/ice for 15 minutes/hour for comfort.

Make-up may be used as long as skin is not broken or irritated.

Avoid strenuous exercise and alcohol for 6 hours after treatment.

Notify your physician if you have any questions, concerns, problems.